

Date: April 30, 2021

Time: 8:00a-5:30p

Location: IN PERSON
HM Levitz Memorial Park
(The Lodge)

28 Park Drive
Grantville, PA 17028

Maximum Participants: 10

Credits: 8 CMTE

Cost: \$150

To register for this event, visit:

[https://tinyurl.com/](https://tinyurl.com/SoulHealingCMTE)

SoulHealingCMTE

Upon receipt of your registration, you will receive a request for payment.

If you must cancel your reservation, a 50% refund will be provided if cancellation is received on or before April 16, 2021. There will be no refund if cancellation occurs on or after April 17th.

COVID mitigation efforts will be in place and are described in the registration form.

Summary of Schedule

Upon receipt of your registration, you will receive a detailed schedule

8:00a-8:30 Registration

8:30-11:20 Instruction

11:20-12:20 Lunch (bring your own bagged lunch)

12:20-5:00 Instruction

5:00-5:30 Evaluation

Hosted By

WBMT Retreats, a division of WB Music Therapy, is an approved and preferred CMTE provider for CBMT.

Melanie A. Walborn
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WBMT Retreats

presents

Soul Healing

DESCRIPTION:

Compassionately looking at world, national, state and personal events in the last year. Participants will have the chance to use improvisation, music listening, sharing and creating to express what they are feeling. Time will be given to offer prayer, gratitude, light and love to your Higher Power, to the world or those in your own backyard. A time of experiencing peace and wholeness with the group will conclude the experience.

FACILITATOR AND INSTRUCTOR:

Gretchen Patti, MS, FAMI, MT-BC will lead participants in this intimate and thought provoking event. Gretchen holds a B.S. in Music Therapy from Elizabethtown College and is a board certified music therapist. She received her M.S. in Healthcare Administration with a concentration in Psychology from St. Joseph's University in Philadelphia, PA. Gretchen is a Fellow in the Association for Music and Imagery. Gretchen has over 30 years of experience serving individuals and groups with intellectual disabilities, trauma, substance abuse issues, and adults with dementia diagnoses. She has been facilitating self-awareness retreats for over 20 years. Gretchen currently maintains a private practice in the Bonny Method of Guided Imagery and Music and provides individual and group music therapy. Gretchen's passion is using music to help others to achieve their goals and dreams for their life.

OBJECTIVES:

1. Identify uncomfortable feelings surrounding world, national, local and personal events during the past year.
2. Identify an area of discomfort that has affected your music therapy practice or personal life.
3. Identify comfortable feelings surrounding world, national, local and personal events during the past year.
4. Identify an area of comfort that has affected your music therapy practice or personal life.
5. Create an individual and group visual representation of hope, peace and unity with the group to send out to the world.
6. Create your own playlist to help you through specific times of difficulty.
7. Create a visual representation of integration of awareness gained/action items chosen. Share awareness with the group.

PREREQUISITES: There are no prerequisites for this CMTE learning opportunity

Soul Healing is approved by the Certification Board for Music Therapists (CBMT) for 8 credits. WBMT Retreats, #P-202 maintains responsibility for program quality and adherence to CBMT policies and criteria.